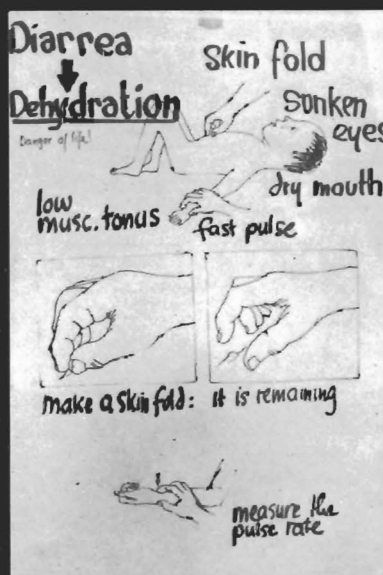


A sunken fontanelle — one of the key signs of dehydration.



Signs of dehydration.



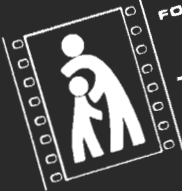
Dirty bamboo tubes used for carrying drinking water — a major health risk.



Explain about diarrhoea to mothers while you are treating their children.

BHUTAN: Examples from a locally produced slide set on treatment and prevention of diarrhoea.

FOUNDATION FOR TEACHING AIDS AT LOW COST
 Institute of Child Health
 30 Guilford Street, London WC1N 1EH



DhM 5 **DEHYDRATION IN CHILDREN**

<p>EARLY SIGNS</p> <p>Mild-5%</p> <ul style="list-style-type: none"> ● THIRST ● DRY MOUTH ● LESS URINE ● WEIGHT LOSS <p>Treat dehydration now <small>TO GET HELP FOR LATE SIGNS</small></p>		<p>LATE SIGNS</p> <p>Moderate-10%</p> <ul style="list-style-type: none"> ● SUNKEN FONTANELLE ● SUNKEN EYES ● RAPID DEEP BREATHING (Tachypnoea) ● LOSS OF SKIN ELASTICITY <p>Severe-15%</p> <ul style="list-style-type: none"> ● RAPID WEAK PULSE ● CYANOSIS ● COLD LIMBS ● COMA
---	--	--

Signs of dehydration.

DhM 19

REPLACE FLUIDS LOST WITH GLUCOSE-ELECTROLYTE OR SUGAR-SALT SOLUTION

<p>CHILD</p> <p>½ or 1 glass each stool</p>	<p>ADULT</p> <p>2 glasses each stool</p>
--	---

Replacing fluids losses – how much oral rehydration solution to give.



How to give oral rehydration fluids.

DhM 24

ORAL THERAPY

<p>Oral Rehydration Solution</p>	<p>Continued Feeding</p>
----------------------------------	--------------------------

Promotion of all aspects of oral rehydration therapy.

Examples from a slide set on clinical management of diarrhoea.

Other sources of information on health education materials:

- **Appropriate Health Resources and Technologies Action Group Ltd (AHRTAG)**
85, Marylebone High Street,
London W1M 3DE,
United Kingdom.
- **British Life Assurance Trust (BLAT) Centre for Health and Medical Education**
BMA House, Tavistock Square,
London WC1H 9JP,
United Kingdom.
- **British Council**
Media Group,
10 Spring Gardens,
London SW1A 2 BN,
United Kingdom.
- **Development Education Officer UNICEF**
Office for Europe
Palais des Nations
1211 Geneva 10
Switzerland
- **Teaching Aids at Low Cost (TALC)**
Tropical Child Health Unit,
Institute of Child Health,
30 Guilford Street,
London WC1N 1EH,
United Kingdom.
- **Bureau d'Etudes et de Recherches pour la Promotion de la Santé**
BP 1977,
Kangu-Mayombe,
Zaire.
- **Hesperian Foundation**
Box 1692,
Palo Alto, Ca 94302,
U.S.A.
- **PIACT de Mexico**
Shakespeare no. 27,
Mexico 5, DF,
Mexico
- **Voluntary Health Association of India (VHAI)**
C14 Community Centre,
Safdarjung Development Area,
New Delhi 110 016,
India.

For further information or additional copies contact:

Diarrhoeal Diseases Control Programme
Programme Manager
World Health Organization
Ch – 1211 Geneva 27

Organisation mondiale de la Santé
Bureau régional de l'Afrique
Boîte postale 6
Brazzaville
Congo

World Health Organization
Regional Office for the Americas
Pan American Sanitary Bureau
525, 23rd Street, N.W.
Washington, D.C. 20037
United States of America

World Health Organization
Regional Office for the Eastern Mediterranean
P.O. Box 1517
Alexandria
Egypt

World Health Organization
Regional Office for Europe
8, Scherfigsvej
DK – 2100 Copenhagen Ø

World Health Organization
Regional Office for South-East Asia
World Health House
Indraprastha Estate
Mahatma Gandhi Road
New Delhi – 110002
India

World Health Organization
Regional Office for the Western Pacific
P.O. Box 2932
12115 Manila
Philippines