

Key Indicators for Punjab from NFHS-3	NFHS-3 (2005-06)	Residence		Education				NFHS-2 (1998-99)	NFHS-1 (1992-93)
		Urban	Rural	No education <sup>4</sup>	<5 years complete <sup>4</sup>	5-9 years complete <sup>4</sup>	10 years complete and above <sup>4</sup>		
<b>Marriage and Fertility</b>									
1. Women age 20-24 married by age 18 (%)	19.7	18.1	20.6	51.9	*	25.1	6.0	11.6	14.9
2. Men age 25-29 married by age 21 (%)	27.2	30.1	24.8	(37.0)	*	31.3	18.1	na	na
3. Total fertility rate (children per woman)	2.0	1.9	2.1	3.0	2.0	2.1	1.6	2.2	2.9
4. Women age 15-19 who were already mothers or pregnant at the time of the survey (%)	5.5	5.0	5.7	18.1	(11.6)	4.6	2.2	na	na
5. Median age at first birth for women age 25-49	21.4	21.8	21.1	20.0	20.2	21.3	23.3	21.5	21.0
6. Married women with 2 living children wanting no more children <sup>1</sup> (%)	92.2	93.4	91.4	84.8	(92.4)	93.8	95.1	89.3	75.3
6a. Two sons	96.5	94.1	97.9	92.8	*	98.8	98.1	97.9	88.6
6b. One son, one daughter	95.3	95.7	95.1	87.4	*	96.7	97.7	93.8	80.9
6c. Two daughters	43.3	*	(31.6)	*	nc	*	*	24.4	22.0
<b>Family Planning (currently married women, age 15-49)</b>									
<b>Current use</b>									
7. Any method (%)	63.3	61.7	64.2	66.4	56.5	63.4	60.4	66.7	58.7
8. Any modern method (%)	56.1	51.8	58.6	60.4	50.9	57.1	51.0	53.8	51.3
8a. Female sterilization (%)	30.8	21.2	36.4	48.1	38.6	30.7	11.2	29.3	31.5
8b. Male sterilization (%)	1.2	1.4	1.1	1.6	1.1	1.0	0.9	1.6	2.5
8c. IUD (%)	5.5	4.1	6.4	2.0	2.2	6.8	8.5	6.1	6.3
8d. Pill (%)	2.9	2.8	2.9	1.8	3.3	3.9	3.1	3.1	2.2
8e. Condom (%)	15.5	22.1	11.5	6.3	5.7	14.7	27.1	13.8	8.9
<b>Unmet need for family planning</b>									
9. Total unmet need (%)	7.3	7.4	7.3	6.6	8.9	7.9	7.5	7.3	13.0
9a. For spacing (%)	2.6	2.4	2.8	1.9	3.3	2.8	3.1	2.8	6.5
9b. For limiting (%)	4.7	5.0	4.5	4.7	5.6	5.1	4.4	4.5	6.5
<b>Maternal and Child Health</b>									
<b>Maternity care (for births in the last 3 years)</b>									
10. Mothers who had at least 3 antenatal care visits for their last birth (%)	72.8	77.6	70.2	51.8	*	71.8	93.0	58.4	62.2
11. Mothers who consumed IFA for 90 days or more when they were pregnant with their last child (%)	26.1	29.6	24.2	11.5	*	22.9	41.9	na	na
12. Births assisted by a doctor/nurse/LHV/ANM/other health personnel (%) <sup>2</sup>	68.6	70.7	67.4	48.8	*	67.0	89.4	62.6	47.3
13. Institutional births (%) <sup>2</sup>	52.5	60.2	48.4	30.8	*	47.4	78.1	37.5	24.8
14. Mothers who received postnatal care from a doctor/nurse/LHV/ANM/other health personnel within 2 days of delivery for their last birth (%) <sup>2</sup>	55.3	61.9	51.6	34.5	*	46.5	81.5	na	na
<b>Child immunization and vitamin A supplementation<sup>2</sup></b>									
15a. Children 12-23 months fully immunized (BCG, measles, and 3 doses each of polio/DPT) (%)	60.1	64.4	58.1	32.9	*	62.3	82.9	72.1	61.9
15b. Children 12-23 months who have received BCG (%)	88.0	91.8	86.2	72.0	*	95.4	96.6	88.7	77.4
15c. Children 12-23 months who have received 3 doses of polio vaccine (%)	75.9	78.1	74.9	62.1	*	76.5	88.6	83.6	73.4
15d. Children 12-23 months who have received 3 doses of DPT vaccine (%)	70.5	74.0	68.9	40.2	*	78.1	92.1	82.0	73.6
15e. Children 12-23 months who have received measles vaccine (%)	78.0	82.2	76.0	56.1	*	86.0	92.1	76.5	64.8
16. Children age 12-35 months who received a vitamin A dose in last 6 months (%)	21.0	25.0	18.8	13.8	*	22.7	26.6	na	na
<b>Treatment of childhood diseases (children under 3 years)<sup>2</sup></b>									
17. Children with diarrhoea in the last 2 weeks who received ORS (%)	34.7	(44.0)	30.4	(21.5)	*	*	(62.9)	42.3	24.1
18. Children with diarrhoea in the last 2 weeks taken to a health facility (%)	77.8	(80.0)	76.8	(71.5)	*	*	(96.2)	91.7	86.5
19. Children with acute respiratory infection or fever in the last 2 weeks taken to a health facility (%)	86.8	(79.3)	89.2	(80.6)	*	(94.8)	(88.9)	na	na
<b>Child Feeding Practices and Nutritional Status of Children<sup>2, 3</sup></b>									
20. Children under 3 years breastfed within one hour of birth (%)	10.3	15.7	7.3	5.8	*	9.0	15.6	6.1	5.3
21. Children age 0-5 months exclusively breastfed (%)	36.0	(42.2)	32.6	(45.5)	*	(34.9)	(27.3)	na	na
22. Children age 6-9 months receiving solid or semi-solid food and breastmilk (%)	50.0	*	50.0	*	nc	*	(59.4)	na	na
23. Children under 3 years who are stunted (%)	34.7	32.9	35.4	49.8	*	31.2	22.4	45.2	45.2
24. Children under 3 years who are wasted (%)	10.2	10.7	10.0	16.9	*	8.4	6.4	8.1	20.8
25. Children under 3 years who are underweight (%)	23.6	19.6	25.9	37.8	*	19.8	12.2	24.7	39.9
<b>Nutritional Status of Ever-Married Adults (age 15-49)</b>									
26. Women whose Body Mass Index is below normal (%)	13.5	11.8	14.5	19.3	13.7	12.7	7.6	16.9	na
27. Men whose Body Mass Index is below normal (%)	12.0	13.2	11.2	13.4	(16.7)	15.2	7.6	na	na
28. Women who are overweight or obese (%)	37.5	45.4	32.9	28.8	27.3	40.1	46.2	30.2	na
29. Men who are overweight or obese (%)	30.3	34.1	27.4	18.7	(21.4)	27.9	39.6	na	na
<b>Anaemia among Children and Adults</b>									
30. Children age 6-35 months who are anaemic (%)	80.1	80.5	80.0	83.0	*	86.9	72.6	80.0	na
31. Ever-married women age 15-49 who are anaemic (%)	38.3	40.0	37.4	40.7	36.5	39.2	35.2	41.4	na
32. Pregnant women age 15-49 who are anaemic (%)	41.6	42.6	41.0	45.6	*	(39.8)	(38.6)	37.1	na
33. Ever-married men age 15-49 who are anaemic (%)	12.6	11.1	13.8	13.6	(9.5)	14.2	11.0	na	na
<b>Knowledge of HIV/AIDS among Ever-Married Adults (age 15-49)</b>									
34. Women who have heard of AIDS (%)	69.7	77.7	65.0	38.9	63.5	78.1	97.2	54.6	na
35. Men who have heard of AIDS (%)	92.2	94.4	90.6	81.2	(85.1)	92.0	98.9	na	na
36. Women who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	53.0	61.7	47.9	22.3	38.4	57.1	85.3	na	na
37. Men who know that consistent condom use can reduce the chances of getting HIV/AIDS (%)	83.5	85.9	81.7	64.5	(72.3)	82.6	95.4	na	na
<b>Women's Empowerment</b>									
38. Currently married women who usually participate in household decisions (%)	37.4	42.4	34.5	36.1	35.8	39.0	37.7	na	na
39. Ever-married women who have ever experienced spousal violence (%)	25.4	23.3	26.5	33.7	40.6	27.0	13.3	na	na

na : Not available

nc : Not calculated because there are no cases

( ) Based on 25-49 unweighted cases

\* Based on fewer than 25 unweighted cases

<sup>1</sup> Excludes pregnant women.

<sup>2</sup> Based on the last 2 births in the 3 years before the survey to ever-married women.

<sup>3</sup> Based on WHO standard.

<sup>4</sup> For children education refers to mother's education. Children with missing information on the mother's education are not included in the education columns.